



Shepherd Care®

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To Care for People Where They Live and Work

COMMUNITY Care TOPIC

Three Relationships That We All Need

Three Relationships Necessary for a Healthy Life

There are relationships that provide companionship that each of us needs as we walk through this life. Each relationship touches a special area and place in our hearts to make our lives fuller and more complete. We can be lonely, struggling, or scared, but when we receive a word of encouragement or helping hand it makes all the difference. The Bible illustrates three characters:

- Paul- Someone to “rub off on us.”
- Barnabas- Someone to “rub onto.”
- Timothy- Someone to “rub off on.”

The Leader and Mentor

Paul- A mentor that provides leadership, responsibility, and development to our lives (See books of 1 and 2 Timothy).

The Friend

Barnabas- A friend or peer that offers accountability and encouragement (See the book of Acts) “Iron sharpeneth iron; so, a man sharpeneth the countenance of his friend.” *Proverbs 27:17*

The Person to Mentor and Invest In

Timothy- A mentee that is someone to disciple; We can invest and impart truth to a younger or less experienced person. We “pass the baton” to the next generation. “For this cause have I sent unto you Timotheus, who is my beloved son, and faithful in the Lord, who shall bring you into remembrance of my ways which be in Christ, as I teach everywhere in every church.” *1 Corinthians 4:17*

These relationships help us celebrate the good events and also help support us when we face challenging circumstances. Do you have a Paul, Barnabas, and Timothy figure in your life?

Introducing your Community Chaplain

Eric Kieselbach

(pronounced “key-sill-baa”)

Email:

eric@shepherdcare.us

Co-Authored Article Series:

Co-authored by Chris Pickett, Newport News, VA, and Chaplain Eric Kieselbach

“A threefold cord is not quickly broken.”
Ecclesiastes 4:12

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